

Workington Port Health Authority
PORT HEALTH REGULATIONS, 1933 and 1945.

DECLARATION OF HEALTH

(To be rendered by the Master of a foreign-going ship arriving in England or Wales from a foreign Port).

Before answering the following questions, read the instructions on page 4.

Port of Arrival..... Date.....

Name of Vessel..... From.....

Nationality of Vessel..... Master's Name.....

Net Registered Tonnage.....

Deratisation or Certificate..... Dated.....
Deratisation }
Exemption } Issued at.....

No. of Passengers } Cabin..... No. of Crew.....
} Deck.....

No. of any other Persons on board.....

List of ports of call from commencement of voyage with dates of departure.

.....
.....

Health Questions

ANSWER
Yes or No

- 1. Has there been on board during the voyage* any case or suspected case of plague, cholera, yellow fever, typhus fever or smallpox? Give particulars in the Schedule
2. Has plague occurred or been suspected amongst the rats or mice on board during the voyage*, or has there been an unusual mortality amongst them?
3. Has any person died on board during the voyage* otherwise than as a result of accident? Give particulars in Schedule
4. Is there on board or has there been during the voyage* any case of illness which you suspect to be of an infectious nature? Give particulars in Schedule
5. Is there any sick person on board now? Give particulars in Schedule

NOTE.—In the absence of a surgeon, the Master should regard the following symptoms as ground for suspecting the existence of infectious disease; fever accompanied by prostration or persisting for several days, or attended with glandular swelling; or any acute skin rash or eruption with or without fever; severe diarrhoea with symptoms of collapse; jaundice accompanied by fever.

- 6. Are you aware of any other condition on board which may lead to infection or the spread of infectious disease?

I hereby declare that the particulars and answers to the questions given in this Declaration of Health (including the Schedule) are true and correct to the best of my knowledge and belief.

Signed (Master)

Date..... Countersigned (Ship's Surgeon)

* If more than six weeks have elapsed since the voyage began, it will suffice to give particulars for the last six weeks.

SCHEDULE TO THE DECLARATION.

Particulars of every case of illness or death occurring on board.

NAME	Class or Rating	Sex	Age	Nation-ality	Port of Embark-ation	Date of Embark-ation	Nature of Illness	Date of its Onset	Results of Illness*	Disposal of Case†

* State whether recovered; still ill; died.

† State whether still on board; landed at (give name of port); buried at sea.

**FOR THE INFORMATION OF THE WORKINGTON
PORT HEALTH AUTHORITY.**

(The following particulars are not prescribed by the Port Health Regulations, but are requested in order to assist and expedite the work of the Port Medical Officer).

Name of Owners or Agents.....

Nature of Cargo.....

Drinking Water taken at.....

Details of Persons on board:—

		British.	Alien.
(a) Crew			
(a) White		
(b) Coloured		
	Totals		
		British.	Alien.
(b) Passengers			
(a) 1st Saloon		
(b) 2nd Saloon		
(c) 3rd Saloon		
(d) Steerage		
	Totals		
(c) Other Persons on board			
(d) Passengers landing at Workington			

INSTRUCTIONS TO MASTERS

The Master of a foreign-going ship approaching a port in England or Wales from a foreign port must ascertain the state of health of all persons on board, and shall fill in and sign the Declaration of Health in the preceding pages.

I. The Master should therefore:—

- (1) Send a wireless message to:—"Portelth," Workington, stating the name of his vessel and the time on the 24-hour clock she is expected to arrive. This message must be sent off not more than 12 hours and not less than 4 hours before the arrival of the ship.
- (2) If the ship is not fitted with wireless:—
 - (a) Notify the Port Health Authority of the arrival of the ship as soon as possible.
 - (b) By day, when within the limits of the port, hoist the flag signal in the 1931 International Code of Signals, "LIM," signifying "I require Port Medical Officer."
- (3) Hoist whichever of the Quarantine Signals is appropriate as set out in page 356 of the British Edition of the 1931 International Code of Signals for Visual Signalling, i.e.,
 - (a) **BY DAY:**—

When the ship is within three miles of the coast or within the port waters:

 - (i) Q flag, signifying—"My ship is healthy and I request free pratique"; or
 - (ii) The Two Flags signal QQ, signifying—"My ship is suspect, that is to say, I have had a case, or cases of infectious disease more than five days ago or there is an unusual mortality among rats on board"; or
 - (iii) The Two Flag Signal QL, signifying—"My ship is infected, that is to say, I have had a case, or cases, of infectious disease less than five days ago."
 - (b) **BY NIGHT:**—

When the ship is in port waters a red light over a white light, the lights not more than six feet apart, and signifying—"I have not free pratique."

If the answer to any of the questions on page 1 is "YES," free pratique will not be granted by Her Majesty's Customs until the vessel has been visited by the Port Medical Officer.

- II. Where a foreign-going ship comes to a port in England or Wales from a foreign port and makes a Declaration of Health, and thereafter proceeds to another or several Home Ports in completion of its voyage, the Master shall report on arrival to the Customs Officer or Officer of the Port Health Authority, whichever first boards the ship, every case of illness (being a case which, if he were making a Declaration of Health, he would be required to include in the Declaration) which has occurred on the ship since the making of the Declaration and has not already been reported.
111. This Declaration of Health must be completed and ready to deliver to the Officer of H.M. Customs, or Officer of the Port Health Authority whichever shall first board the vessel.
- IV. Article 16 (i) of the Port Sanitary Regulations, 1933, states:—"Where a ship arrives from a foreign port no person other than a Pilot, a Customs Officer, an Immigration Officer, or a person acting in the execution of these Regulations shall, without the permission of the Medical Officer or other Authorised Officer of the Port Health Authority, board or leave the ship until it is free from control under these Regulations, and the Master shall take all steps necessary to secure compliance with this provision."
- V. The maximum penalty for breach of the Port Health Regulations, 1933 and 1945, is £100, and in the case of a continued offence, a further penalty not exceeding £50 for every day during which the offence continues.

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Workington Port Health Authority.